



Institute of Human Resource Advancement

University of Colombo, Sri Lanka

**Diploma in Counseling Psychology
1st Semester Examination**

(Held in June, 2019)

DCP 01 – Introduction to Psychology & Counseling

Instructions to the Candidates

- (1) Answer any Four (04) questions.
- (2) Time allocated for the examination is three (03) hours.
- (3) This paper consists of six (06) questions and one (01) page.
- (4) Write your index Number on all pages of answer scripts.
- (5) If a page or a part of this question paper is not printed properly, please inform the Supervisor immediately.

1.

i. What is Psychology?

(Marks 10)

ii. Explain the objectives of psychology and discuss how that objectives are applicable to counseling.

(Marks 15)

2.

i. Define what "Learning" is?

(Marks 10)

ii. Briefly discuss different types of learning.

(Marks 15)

3. Explain the role of rewards and punishments in teaching and learning process.

(Marks 25)

4.

i. Explain the concepts; sensation and perception.

(Marks 10)

ii. Discuss the subjective and objective factors that affect on perception.

(Marks 15)

5. Based on different theories explain how psychologists define the concept of personality.

(Marks 25)

6.

i. Define the concept of "memory".

(Marks 10)

ii. Explain memory process, Sensory memory, Short term memory and Long term memory by giving examples.

(Marks 15)
